

Gourmet Salads \$7.99

Field of Greens

Spring Mix Lettuce, Feta Cheese, Mixed Nuts, Caramelized Onions, Sundried Tomato, Cucumbers, Red Onions, Pepperoncini Peppers & Black Olives, tossed in Greek Vinaigrette Dressing

Asian Mango Salad

Spring Mix, Grilled Chicken, Shredded Carrots, Mango, Green & Red Peppers, Peanuts, Basil Leaves, Tossed in Asian Sesame Ginger Dressing

It's Greek To Me

Iceberg Lettuce, Feta Cheese, Diced Tomatoes, Cucumbers, Red Onions, Pepperoncini Peppers & Black Olives, tossed in Greek Vinaigrette Dressing

Hail Chicken Caesar

Romaine Lettuce, Chicken, Shredded Parmesan Cheese, Croutons, tossed in Caesar Dressing

Oriental Chicken

Spring Mix, Marinated Chicken, Mandarin Oranges, Water Chestnuts, Chow Mein Noodles, tossed in a Sesame Peanut Dressing

Southwest BBQ Chicken

Grilled Chicken, Spring Mix Lettuce, Corn, Black Beans, Black Olives, Diced Tomatoes, Cheddar Cheese and Our Zesty BBQ Dressing

Create Your Own

Your Choice of Salad Mix, One Meat Toppings & Four Additional Toppings, Any Way You Want It Fresh Baked Bagel Chips, Fresh Baked Crouton



Gourmet Salad, Pasta & Hot Bar \$ 7.49 per lb.

Make It Your Way!!!

Variety of Fresh Cut Salad, Vegetables & Hot Bar

Choice of Dressings

Balsamic Vinaigrette	Greek w/ Feta
Sesame Oriental	Caesar
Fat Free Ranch	Italian
Southwest BBQ	Ranch
Fat Free Italian	Blue Cheese
Raspberry Vinaigrette	Thai Peanut
Blue Cheese	

Soups

Small \$2.69

Large \$ 3.69

Chicken Noodle (D)	Chicken Gumbo (D)
Chicken Chili (D)	Garden Vegetable (D)
Tomato Basil (D)	Chicken Tortilla (D)
Clam Chowder	Broccoli & Cream
Southwest Chicken	Chicken Sausage
(D) - Served Daily	

Fountain Beverages

Regular \$1.89

Large \$1.99

Coke	Sprite	Diet Coke
Coke Zero	MM Lemonade	Mr. Pibb
Sweet Tea	Un-Sweet Tea	Cherry Coke

Make It A COMBO \$2.49 w/ Drink & Side

Frozen Yogurt & Bar

A Selection of Super Nutritional Flavors with a Wide Variety of Toppings from Fruits to Nuts...



Food Court - Garden Offices
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Breakfast Wraps

\$3.29

Potato, Eggs & Cheddar
Black Bean, Eggs & Cheddar
Double Eggs & Cheddar

Add Your Choice of Meats \$ 1.30

Breakfast Specialties

Grand Central Biscuit

Choice of Meat (Ham, Sausage or Bacon), Egg & Cheddar Cheese on a Buttermilk Biscuit..... \$3.89

Time Square Platter

Two Scrambled Eggs, Choice of Meat (Ham, Sausage or Bacon), and Hash Browns, Buttermilk Biscuit & Jelly..... \$4.59

Specialty Breakfast Platter

Eggs, Hash brown, Your Choice of Meat, Oatmeal or Grits, & Buttermilk Biscuit..... \$5.29

Biscuit..... \$1.30
Bagel \$1.30
Bagel w/ Cream Cheese..... \$ 2.29
Muffins \$1.99
Breakfast BLT..... \$3.29
Hash Browns w/ Vegetables..... \$3.29
Pancakes..... \$1.99
French Toast..... \$1.49
Vegetable Omelets \$3.29

Add Meat..... \$1.30
Add Cheese..... \$.50
Add Your Choice of Vegetables..... \$.50

Classic Sandwiches

\$5.59

Turkey	Ham	Roast Beef
Corned Beef	Pastrami	Salami
Chicken Salad	Tuna Salad	BLT
Vegetarian	Egg Salad	

Add Your Choice of Meats \$ 1.30

Specialty Signature Sandwiches

\$6.79

Club Sandwich

Turkey, Ham, Bacon, Cheddar
Cheese, Lettuce & Tomato (served Cold)

Little Italy

Ham, Salami, Provolone Cheese, Salsa,
Black Olives, Onions & Tomato (served Cold)

Central Park

Turkey, Cucumbers, Green Peppers, Lettuce & Tomato
& Honey Mustard Dressing (served Cold)

Bronx

Pastrami, Corned Beef, Swiss Cheese, &
Thousand Island Dressing (served Hot)

Reuben

Corned Beef, Sauerkraut, Swiss Cheese, Thousand
Island Dressing on Rye Bread (served Hot)

Brooklyn

Roast Beef, Banana Pepper, American
Cheese & Thousand Island Dressing (served Hot)

Midtown Manhattan Melt

Ham, Salami, Provolone Cheese & Salsa (served Hot)

Time Square Trio

Salami, Turkey, Pastrami, Lettuce, Tomato & Honey
Mustard Dressing (served Hot or Cold)

Empire Roast Beef

Roast Beef, Caramelized Onions, Pepper Jack Cheese,
Lettuce, Tomato & Horseradish Sauce (served Hot)

Wraps

\$7.29

Street Wrap

Chicken, Lettuce, Tomato, Onions, Black Beans, Rice
& Sour Cream

Club Wrap

Turkey, Lettuce, Tomato, Shredded Cheese & Ranch
Dressing

Chicken Caesar Wrap

Chicken, Black Olives, Lettuce, Tomato, Shredded
Cheese, Feta Cheese & Caesar Dressing

Chipotle Chicken Wrap

Chicken, Lettuce, Shredded Cheese & Chipotle
Dressing

Fajita Wrap

Steak, Caramelized Onions, Shredded Cheese, Tomato,
Guacamole & Salsa

Thai Chicken Wrap

Spicy Chicken, Caramelized Onions, Mushrooms,
Chow Mein Noodles, Carrots, Cilantro, Guacamole,
Salsa & Thai Peanut Sauce

Garden Greek Wrap

Choice of Chicken or Steak, Seasoned Rice, Lettuce,
Diced Tomato, Feta Cheese, Corn, Black Olives,
Caramelized Onions with Balsamic Dressing

Choice of Fresh Baked Breads

White Roll	Vienna	8 Grains
Wheat Roll	Rye	Sourdough
Texas Toast	Raisin	Marble Rye
Honey Wheat		

Choice of Tortilla

Flour	Wheat	White
Spinach	Garlic Herb	Tomato Basil

Choice of Bagel

White	Wheat	Sesame
Blueberry	Cinnamon	Everything

